

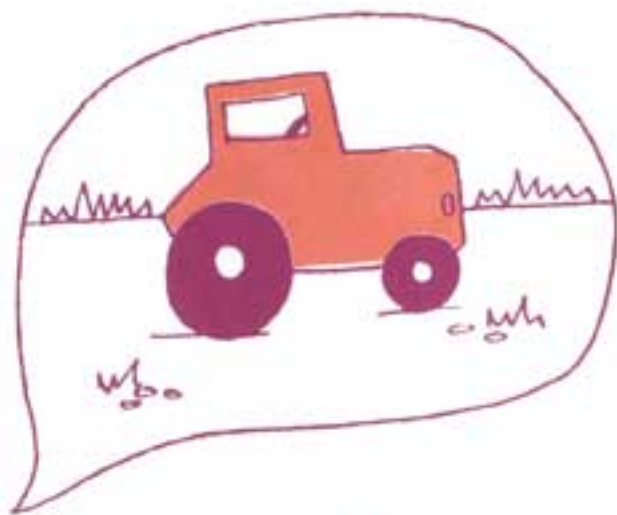
The Friends go to Duck Pond Farm



by Claire Halsey and Claire Vessey

Tommy, Aleena and Karl are best friends and they all go to nursery together.

They are very excited because tomorrow all the nursery children are going to visit Duck Pond Farm. Tommy and Aleena talk non-stop wondering what animals live at the farm and if there will be a tractor.



Then Tommy notices Karl is very quiet and his face looks a bit white, he asks Karl "What's wrong?"

Karl looks scared, he says "I don't want to go to the farm, I want to stay home with mum and dad, I'll miss them and the farm is a long way away."

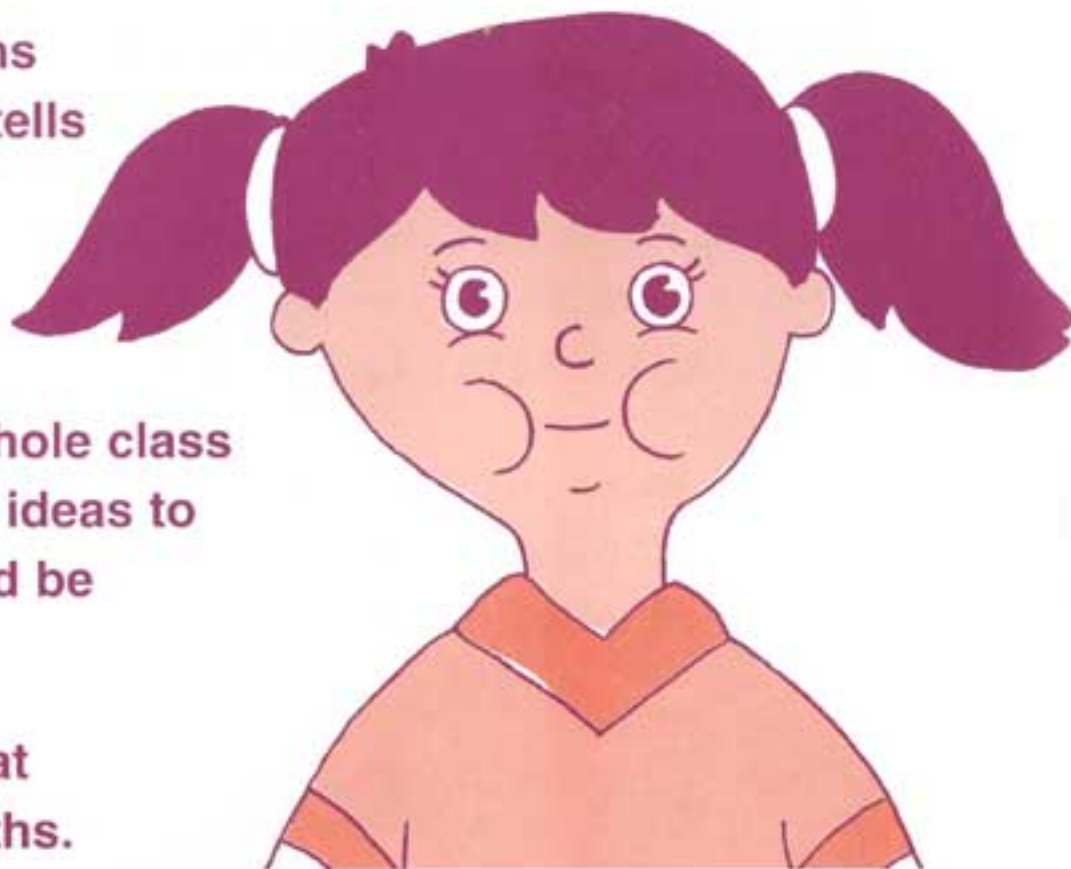
Aleena says "Don't worry Karl, we'll all be together and we know how to be confident kids, let's ask Miss Giving to help."



Miss Giving listens carefully as Karl tells her how worry might spoil his trip to the farm.

Afterwards the whole class practice different ideas to stop worrying and be confident.

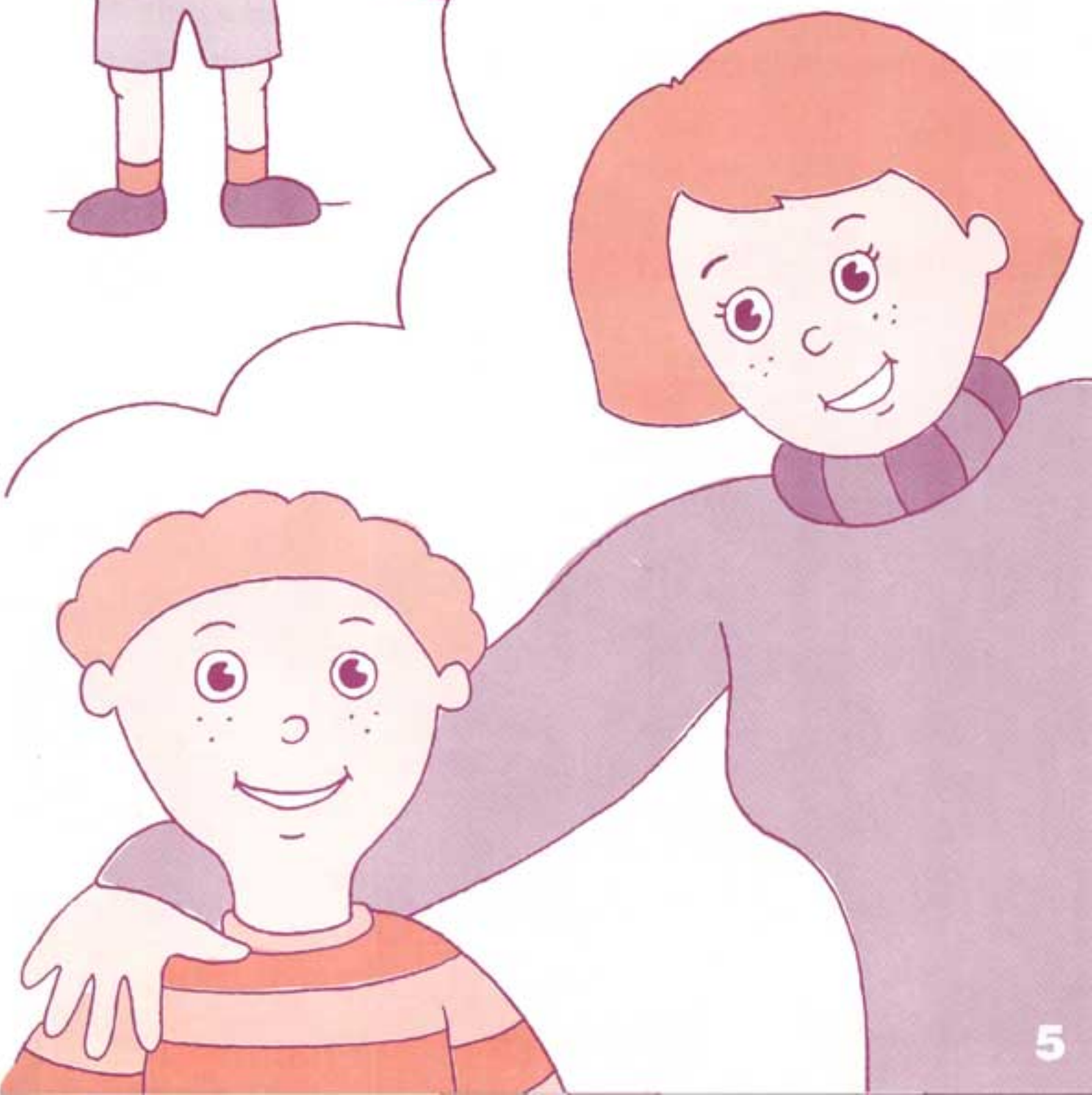
Aleena has a go at taking deep breaths.



Karl thinks about how his superhero "Wizard Karlo" gives him brave ideas.



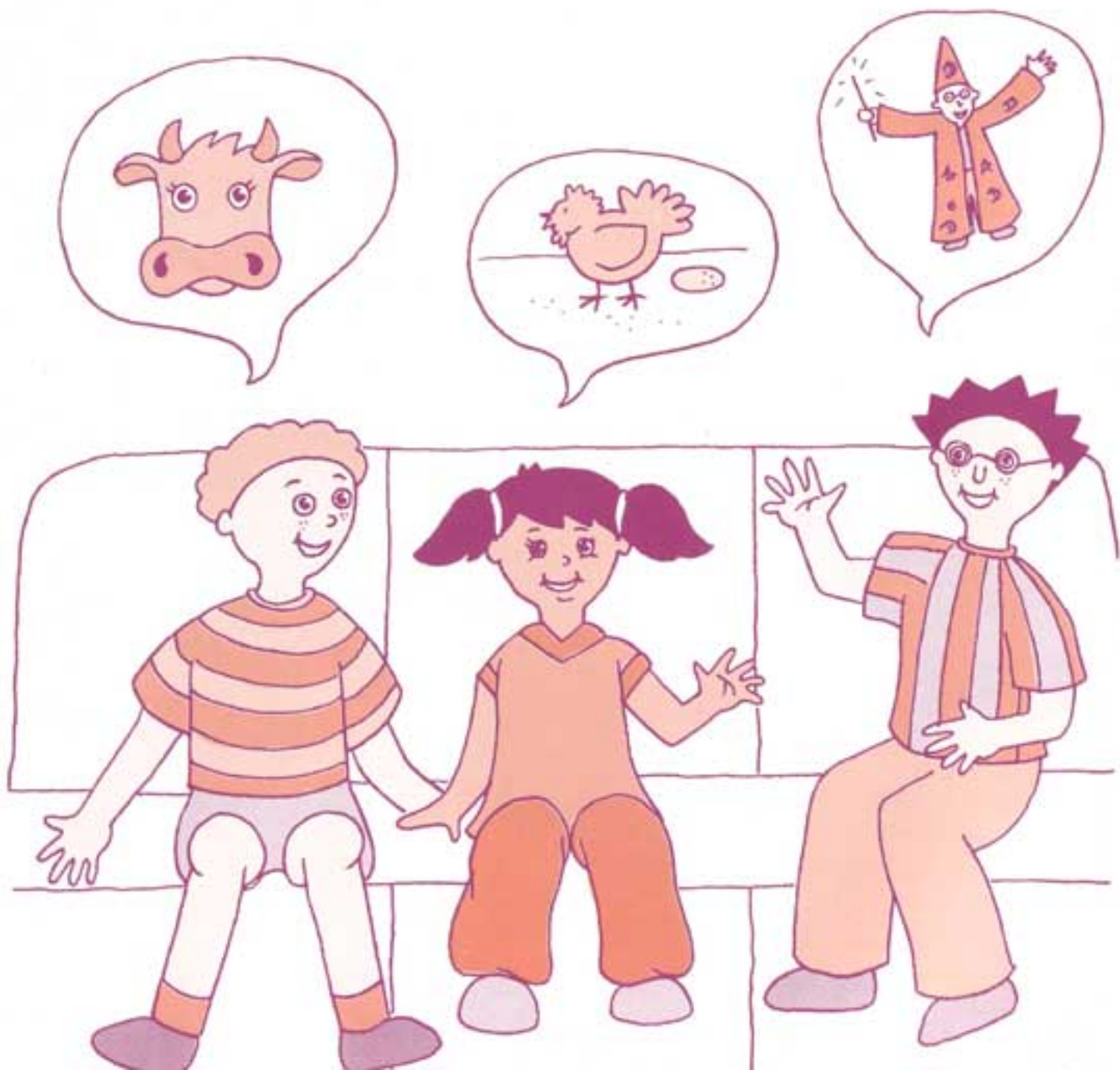
Tommy remembers about other day trips before and how his mum has always collected him safe and sound afterwards.



The next day Tommy, Aleena and Karl sit along the back seat of the coach ready to go to Duck Pond Farm.

Tommy says "Let's practice being confident kids." Karl says "Yes, let's" and talks about Wizard Karlo who helps him be brave. Aleena and Tommy start to talk about all the lovely things they'll do at the farm.

Karl is so busy with his friends he almost forgets to wave to his mum as they drive off. She'll be there to hear all about the farm when I get back he thinks and off they go.



Late that afternoon, the coach arrives back at school and Karl is the first one to get off. He rushes up to his mum to tell her about his wonderful day. Karl has certainly been confident and not let worry stop him from having fun.

All the friends agree, they've had a great day at Duck Pond Farm.

